

Ghyllside Primary School

Gillinggate, Kendal,

Cumbria.

LA9 4JB

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Headteacher: Mr.H.B.Davies (BA. Hons)

Friday 17th April

YEAR 5 and 6 FRIDAY FITNESS CLUB

Dear Parents/Carers

I am excited to be holding a Fitness Sessions again on a Friday from 8.15- 8.45am, starting on Friday 24th April. The focus is on improving 'Fitness for All' and having fun. All sessions will be held on the field, hall or in the dance studio.

If your child wants to attend, please:

- Ensure they are in school at 8.15 am (not early or late please) and line up on the flags outside the library.
- Come in PE kits, coats and trainers (they will stay in this). If they have spare trainers that would be great as they may get wet.
- Bring their inhaler if they need one.
- Return the slip below- BY WEDNESDAY 22nd APRIL please.

The 5 sessions will be on the following Fridays:

Friday 24th April

Friday 1st May

Friday 8th May

Friday 15th May

Friday 22nd May

I am really looking forward to starting this club and hope the children enjoy it.

Kind regards,

Jane Reedy

Y5 & Y6 Friday Fitness Club – Please return by Wednesday 22nd April

I give permission for my child _____
to take part in FITNESS CLUB on Friday mornings from 8.15-8.45 am.

My child does / does not need an inhaler.

Signed: _____

Date: _____

Our Mission: Ghyllside Primary School – Growing Hearts and Minds

Our Values: Inspiring Healthy Inclusive Nurturing Experiences