



Subject	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	End Points
PSHE Topic	<p>LO: To know that families love and support each other, but sometimes problems can occur and help is available.</p> <p>Core Learning: Families can look different from one another. All families offer support in different ways. Sometimes families face challenges, and support is available.</p> <p>Task: In small groups, complete the Family Worksheet: identify positive aspects of a family and potential problems. Groups swap and discuss possible solutions to other families' problems.</p> <p>Adapted Learning Task:</p> <p>Support: Use adult-guided discussion to talk through potential problems. Focus on scenarios that are relatable.</p> <p>Greater Depth: Grade the problems by severity and suggest appropriate levels of support, e.g.,</p>	<p>LO: To know that friendships have ups and downs and that problems can be resolved.</p> <p>Core Learning: Friendship problems are normal. There are strategies to resolve disagreements respectfully. Violence is never an acceptable response.</p> <p>Task: Complete Friendship Problems activity: identify appropriate and inappropriate responses. Write or record responses to Problem Page letters, focusing on resolution strategies.</p> <p>Adapted Learning Task:</p> <p>Support: Work in pairs or small groups to read problems and draw responses. Use a recording device if writing is a barrier.</p>	<p>LO: To know the impact of bullying.</p> <p>Core Learning: Bullying is repeated, intentional harm (physical or emotional). Bullying can happen in-person or online. It's important to speak out and get help.</p> <p>Task: Discuss scenarios in the Bullying or Not? activity. Watch Lara's story and role-play different responses to bullying. Reflect on how bullying makes people feel and how to get help.</p> <p>Adapted Learning Task: Support: Adult-led group for discussion and role-play.</p>	<p>LO: To know how to listen and communicate effectively.</p> <p>Core Learning: Communication can be verbal and non-verbal. Being assertive means expressing needs clearly and respectfully. Good listening is a key part of communication.</p> <p>Task: Watch a video on sign language and play charades to explore non-verbal communication. Practise assertiveness in specific scenarios. Complete Good Listening activity: role-play speaking, listening, and observing.</p>	<p>LO: To know why trust is an important part of positive relationships.</p> <p>Core Learning: Trust is key in friendships and relationships. People we trust should behave reliably and respectfully. Trust can be built, lost, and regained.</p> <p>Task: Activity: <i>Who to Trust?</i> – children identify people they trust in different scenarios and explain why. Create a <i>Comic Strip</i> illustrating a trust issue and how it was resolved.</p> <p>Adapted Learning Task: Support: Use <i>Comic Book Ideas</i> to scaffold planning.</p>	<p>LO: To know the differences between people and why it is important to respect these differences.</p> <p>Core Learning: We all have similarities and differences—some visible, some not. Respecting differences helps build a fair and kind community.</p> <p>Task: <i>Human Bingo</i> activity to discover peer differences. <i>Picture Montage</i> activity – discuss and compare similarities/differences with people in images. Partner activity: list 5 similarities and 5 differences between themselves.</p> <p>Adapted Learning Task:</p> <p>Support: Focus on visible differences and similarities.</p>	<p>By the end of this unit, pupils will know:</p> <p>Families come in different forms and all offer support and love.</p> <p>Challenges within families are normal and support is available when needed.</p> <p>Friendships can include disagreements, but these can be resolved respectfully.</p> <p>Bullying is harmful, repeated behaviour that must be reported.</p> <p>Communication includes speaking, listening, and non-verbal cues.</p> <p>Being assertive means expressing oneself clearly while respecting others.</p> <p>Listening is a skill that can be practised and improved.</p> <p>Trust is an important part of relationships and can be managed when broken.</p> <p>Everyone has similarities and differences; respecting them leads to stronger communities.</p>



	<p>solve independently or seek external help.</p>	<p>Greater Depth: Explore empathy—how the other person might feel—and include this in their responses</p>	<p>Greater Depth: Include both the victim's and bully's perspective in role-play to explore consequences and motivations.</p>	<p>Adapted Learning Task:</p> <p>Support: Mixed ability groups to scaffold listening activity.</p> <p>Greater Depth: Identify and model examples of active listening and use of open questions.</p>	<p>Greater Depth: Explore complex scenarios with nuanced resolutions.</p>	<p>Greater Depth: Explore unseen traits (e.g. beliefs, languages) and reflect on how differences help</p>	<p>Gender stereotypes are often found in toys, adverts, and online and can be harmful.</p> <p>Age stereotypes are unfair and can lead to discrimination—everyone should be treated equally regardless of age.</p>
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