



Subject	Week 1	Week 2		End Points
PSHE <b>Topic</b>	<p><b>LO:</b> I know what factors contribute to identity.</p> <p><b>Core Learning:</b> Understand that identity is made up of many factors including ethnicity, culture, family, gender, hobbies, and beliefs. Explore how people may see us differently than how we see ourselves.</p> <p><b>Task:</b> Begin with the question: “What makes us who we are?” Use the <i>Presentation: Identity</i> to introduce the idea of identity. Children create an <b>identity mind map</b> showing aspects of how they see themselves. Extend by adding another layer: how others might see them, in a different colour.</p> <p><b>Adapted Learning Task:</b></p> <p><b>Pupils needing extra support:</b> Use the pre-prepared <i>Activity: Identity</i> worksheet with prompts.</p> <p><b>Pupils working at greater depth:</b> Encourage deeper reflection with examples of how others view them and why that might differ from their own view.</p>	<p><b>LO:</b> I know how does the media influence how we see ourselves.</p> <p><b>Core Learning:</b> Understand that images in both professional and personal media are often manipulated. Reflect on how these unrealistic portrayals can negatively impact self-image and identity.</p> <p><b>Task:</b> Review learning from Week 1 on identity. Watch and discuss the <b>‘Dove Evolution’</b> video showing image manipulation. Discuss the differences between professional and social media. In groups, list examples of manipulated images and how they affect viewers and the subjects themselves. Discuss why commenting on appearances (even positively) can reinforce harmful ideas.</p> <p><b>Adapted Learning Task:</b></p> <p><b>Pupils needing extra support:</b> May benefit from re-watching parts of the video with guided questions.</p> <p><b>Pupils working at greater depth:</b> Encourage analysis of why individuals and companies alter images, and how to challenge harmful media practices (e.g. letter writing, advocacy).</p>		<p><b>By the end of this unit, pupils will know:</b></p> <p><b>what makes up personal identity and how it can differ from how others see us.</b></p> <p>How to create a personal identity map reflecting both internal and external perceptions.</p> <p><b>know that media (both professional and personal) can manipulate images.</b></p> <p><b>Know the harmful effects of unrealistic images on self-esteem and identity.</b></p> <p><b>Know strategies for challenging media portrayals and promoting realistic, healthy body image.</b></p> <p>Know how respect and assertiveness when expressing their identity and responding to others.</p>