



Subject	Week 1	Week 2	Week 3	End Points
PSHE Topic	<p><b>LO:</b> I know the risks of drinking alcohol.</p> <p><b>Core Learning:</b> Learn that alcohol is a drug which can have both short- and long-term effects. Understand reasons why some adults choose to drink or not drink alcohol. Begin to understand responsible vs. excessive alcohol consumption.</p> <p><b>Task:</b> Group discussions about alcohol use. Complete Activity: <i>Effects of alcohol use</i> – identify and colour-code short- and long-term effects. Explore NHS guidelines on alcohol and discuss personal choice and peer pressure.</p> <p><b>Adapted Learning Task:</b></p> <p><b>Support:</b> Focus only on risks of alcohol (not pros/cons).</p> <p><b>Greater Depth:</b> Explore NHS alcohol units; assess what ‘excessive’ means in a real-life context</p>	<p><b>LO:</b> I can evaluate how credible online information is.</p> <p><b>Core Learning:</b> Understand what makes an online source credible. Identify fake news and clickbait. Develop critical thinking when using search engines.</p> <p><b>Task:</b> Use Google to search a set question. Complete the <i>Critical digital consumers</i> activity: rate websites on reliability, bias, and authenticity. Discuss top/low scoring sites and provide advice for online safety.</p> <p><b>Adapted Learning Task: Support:</b> Use simple tick/cross system instead of rating scale.</p> <p><b>Greater Depth:</b> Compare multiple sources and write guidelines for evaluating information online.</p>	<p><b>LO:</b> I know that online relationships should be respectful and safe.</p> <p><b>Core Learning:</b> Respect is just as important online as offline. Online behaviour affects others’ emotions. Know how to report or respond to inappropriate behaviour.</p> <p><b>Task:</b> Vote on scenarios using an attitude continuum. Discuss bullying, trolling, anonymity online. <i>Conscience Alley</i> drama activity based on peer pressure and friendship dilemmas.</p> <p><b>Adapted Learning Task: Support:</b> Use Conscience Alley sheet to prepare ideas or speak from their own perspective. <b>Greater Depth:</b> Argue from a view they disagree with to build empathy and critical thinking.</p>	<p><b>By the end of this unit, pupils will know:</b></p> <p>The potential short- and long-term effects of alcohol.</p> <p>How to check online information for credibility.</p> <p><b>That online relationships require respect and responsible behaviour.</b></p> <p><b>How to respond to bullying or negative interactions online.</b></p> <p><b>That consent is essential and applies to many life situations.</b></p>