

Ghyllside Primary School
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Headteacher: Mr.H.B.Davies (BA. Hons)

24th June 2026

Dear Parent/Carer,

YEAR 5: GROWING AND CHANGING EDUCATION (week beg: 29th June)

In accordance with the National Curriculum requirements, we are teaching several sessions that aim to educate and inform children about how our bodies change at this age and how babies are made. The programme, supported by DVD and discussion will cover:

- Physical differences between boys and girls (including appropriate vocabulary)
- Human fertilization and the growth of a baby in the womb
- Physical and emotional changes as children approach puberty

Within the week beginning 29th June, we will be watching 3 x 15minute programmes, followed by group discussion work and tasks. We use a DVD produced by '4learning' – Channel 4, which is nationally recognised as being appropriate for children of this age. This has been supplied by the School Nurse in her role as advisor on the topic. We also follow planning from the PSHE Association.

All topics will be addressed in the context of a loving family relationship and will be covered in a sensitive manner.

If you have any questions, then please feel free to approach your child's class teacher.

Thanks, The Year 5 Team

Our Mission: Ghyllside Primary School – Growing Hearts and Minds
Our Values: Inspiring Healthy Inclusive Nurturing Experiences