




GHYLLSIDE PRIMARY SCHOOL WEEK 1



DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Tomato and Basil Pasta served with Garlic Flatbread and Green Beans	Cheese and Tomato Pizza served with 1/2 Jacket Potato and Baked Beans	Assorted Sandwiches filled with Tuna, Cheese or Ham served with Carrot & Cucumber Sticks	Shortbread Biscuit or Fruit Salad & Yoghurt
Tuesday	Beefburger in a Bun served with Kitchen Made Jacket Wedges, Tomato Ketchup and Mixed Salad	Quorn Fillet Bap served with Jacket Wedges, Tomato Ketchup and Cucumber Sticks	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Blueberry Muffin or Frozen Yoghurt or Fruit Salad
Wednesday	Roast Chicken Fillet served with Roast Potatoes, Carrot and Pea Medley and Gravy	Vegetable Sausages served with Roast Potatoes, Carrot and Pea Medley and Gravy	Assorted Sandwiches filled with Tuna, Cheese or Ham served with Carrot & Cucumber Sticks	Apple Crumble & Custard or Frozen Yoghurt or Fruit Salad
Thursday	Creamy Turkey and Ham pie served with Baby Potatoes, Mixed Veg and Gravy	Cheese and Egg Flan served with Baby Potatoes and Mixed Vegetables	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Carrot & Cucumber Sticks	Chocolate Crunch or Fruit Salad & Yoghurt
Friday	Breaded White Fish Fillet Served with Chips and Garden Pea & Carrot Medley	Kitchen Made Veggie Burger served with Chips and Garden Pea & Carrot Medley	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Carrot and Cucumber Sticks	Iced Bun or Frozen Yoghurt or Fruit salad

Available Daily: Fresh Fruit and Salad Bar




If you have any questions about food allergens, please speak to the kitchen team who will be happy to help.

GHYLLSIDE PRIMARY SCHOOL

WEEK 2

Freshly
made
every day!

DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Margherita Pizza served with 1/2 Jacket Potato and Sweetcorn	Mac and Cheese served with Sweetcorn and Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Raspberry and Vanilla Cookie or Fruit Salad & Yoghurt
Tuesday	Kitchen Made Pork Sausage Roll served with Creamed Potatoes and Baked Beans	Cheese and Bean Pasty served with Creamed Potatoes and Baked Beans	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Banana Cake with Toffee Sauce or Frozen Yoghurt
Wednesday	Roast Beef served with Creamed Potatoes, Yorkshire Pudding, Carrot and Green Bean Medley and Gravy	Vegetable Sausage in Yorkshire Pudding served with Creamed Potatoes, Carrot and Green Bean Medley and Gravy	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Iced Lemon Sponge or Fruit Salad & Yoghurt
Thursday	Cottage Pie served with Garden Peas and Crusty Bread	Vegetable Korma served with Rice and Garden Peas	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Cherry Shortbread or Frozen Yoghurt
Friday	Fish Fingers served with Chips and Garden Peas	Crustless Cheese and Broccoli Quiche served with Chips and Garden Peas	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Golden Syrup Sponge and Custard or Frozen Yoghurt or Fruit Salad

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GHYLLSIDE PRIMARY SCHOOL

WEEK 3

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DAY	CHOICE 1	 CHOICE 2	CHOICE 3	PUDDING
Monday	Cheesy Pizza served with Cheesy Jacket Skins, Baked Beans and Mixed Salad	Sweet Tomato Penne Pasta served with Garlic Flatbread and Mixed Salad	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Fruit Salad & Yoghurt or Flapjack
Tuesday	Chicken Fajitas served with Savoury Rice and Mixed Salad	Hot Roasted Vegetable & Cheddar Wrap served with Savoury rice and Mixed Salad	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Australian Crunch or Frozen Yoghurt or Fruit Salad
Wednesday	Roast Pork and Apple Sauce served with Roast Potatoes, Carrot and Green Bean Medley and Gravy	Roast Quorn Fillet and Apple Sauce served with Roast Potatoes, Carrot and Green Bean Medley and Gravy	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Raspberry Jelly and Cream or Fruit Salad & Yoghurt
Thursday	Handmade Beef Meatballs in Tomato Sauce served with Pasta Twists, Grated Cheddar and Mixed Pepper Salad	Cheese Whirls served with New Potatoes and Mixed Pepper Salad	Oven Baked Jacket Potato filled with Tuna, Cheese or Beans served with Mixed Salad	Fresh Fruit Salad or Jammy Bun or Frozen Yoghurt
Friday	Fish Fingers served with Chips, Garden Peas and Tomato Ketchup	Veggie Bolognaise served with Pasta Twists and Garden Peas	Assorted Sandwiches filled with Cheese, Ham or Tuna served with Mixed Salad	Iced Rainbow Cupcake or Fruit Salad & Yoghurt

Available Daily: Fresh Fruit and Salad Bar

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