

KIT LIST HAWSE END 19TH- 21ST MARCH 2025

A large part of each day will be spent out on the fells or in the forest. Due to the changeable weather in the Lake District hills, it is possible that you may become cold, hot, wet and/or sunburned all in the same day. Below is a list of things you will need to bring for three days in the outdoors. **THERE IS NO EXPECTATION THAT YOU BUY THESE ITEMS as they can be borrowed from school / Hawse End.**

If you are unsure whether items you have at home are suitable, please send it in with your child and we will check.

KEY ***These items are absolutely essential for your child's safety **Items in bold** - school / Hawse End will be able to lend

- Wellies or old trainers for wearing in the hostel grounds/playing out in the evenings
- Slippers for in the hostel (optional)
- **Walking boots (well worn in) or very sturdy walking shoes with rugged grip suitable for hill walking on wet grass and rock*****
- **Waterproof coat*****
- **Waterproof trousers*****
- Hat + spare***
- Gloves + spare***
- **Thermal base layer (moisture wicking) if possible - failing this football shirts make good thermal base layers!*****
- Three jumpers/fleeces***
- Three t shirts (long or short sleeve dependent on weather forecast)
- Two pairs trousers (joggers/tracksuit bottoms) suitable for hill walking/forest (jeans not suitable for outdoor activities)
- Set of clothes for evenings (optional)
- Three pairs of thick socks
- Three pairs ordinary socks
- 4 changes of underwear
- Swimwear (to wear under a wetsuit)
- Sleepwear, toiletries and towel
- Large black bin liner with name label (to take home gift of wet/muddy clothes)
- Plasters, tissues, toiletries, torch, sun hat, sun cream
- Prescribed medicines to be labelled and handed to staff prior to departure
- Refillable plastic drinks bottle***
- Rucksack (day sack variety suitable for hill walking)
- Sun hat and sun cream (as necessary)
- Book, card games
- £5 maximum and optional spending money for the shop

