

Ghyllside Primary School

Gillinggate, Kendal,

Cumbria.

LA9 4JB

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Headteacher: Mr.H.B.Davies (BA. Hons)

Dear Parents and Carers,

3rd December 2025

Year 3 School Swimming: Spring Term 2026

It is with great pleasure that we can inform you that school swimming lessons will start for Year 3 children on Friday 9th January 2026. This letter contains all of the information you need.

What does my child need?

Your child should bring to school in a bag a towel, goggles if your child regularly uses them (these should be adjusted to fit before school) and either fitted swimming trunks for boys and a one-piece costume for girls. Children do not need to bring shampoo for hair washing as there is not time at the end of the lesson to wash hair. Long hair needs to be tied back and all jewellery removed. If any child wishes to keep their hair dry, please send them with a swimming hat. All items must be named clearly. As with every day of school, your child must have a coat with them. Children who have asthma need to bring their inhalers.

What time do the lessons take place?

Swimming lessons take place within school hours and we will travel by coach. The first session is from 1.00pm – 2.00pm and the second session is from 2.00pm – 3.00pm. This means that the group which goes second should be back at school by 3.20pm (sometimes there is a slight delay due to traffic). If your child is in the second group, **please collect them from class from the normal door onto the yard.**

Cost

Swimming for all children is a life skill that we at Ghyllside feel is exceptionally important. However, you will be aware that schools are under increasing financial pressure, and Ghyllside is not exempt from this. As a result, we will this year be asking for a £10.00 contribution towards the 10 sessions. This can be paid by cash, cheque, debit card or online via Eduspot/School Money.

Please do not hesitate to ask if there is anything you'd like to discuss further. We understand that while many of the children will be excited, we know that many of them will be anxious. Naturally, we will spend time in school helping the children to manage any anxieties so that they can enjoy the sessions and achieve their goals.

Many thanks for your kind support,

The Year 3 Team

Our Mission: Ghyllside Primary School – Growing Hearts and Minds

Our Values: Inspiring Healthy Inclusive Nurturing Experiences

Year 3 Swimming Timetable

Date	1 st Swim 1.00 – 2.00pm	2 nd Swim 2.00 – 3.00pm Collect from normal entrance onto yard at 3.20pm
Friday 9 th Jan	Mrs Andrews' Class	Miss Learie's Class
Friday 16 th Jan	Mrs Andrews' Class	Miss Learie's Class
Friday 23 rd Jan	Mrs Andrews' Class	Miss Learie's Class
Friday 30 th Jan	Mrs Andrews' Class	Miss Learie's Class
Friday 6 th Feb	Mrs Andrews' Class	Miss Learie's Class
Friday 13 th Feb	Miss Learie's Class	Mrs Andrews' Class
HALF TERM		
Friday 27 th Feb	Miss Learie's Class	Mrs Andrews' Class
Friday 6 th Mar	Miss Learie's Class	Mrs Andrews' Class
Friday 13 th Mar	Miss Learie's Class	Mrs Andrews' Class
Friday 20 th Mar	Miss Learie's Class	Mrs Andrews' Class

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