

# Ghyllside Primary School

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Headteacher: Mr.H.B.Davies (BA. Hons)

## **Mountain Day 18<sup>th</sup> May and kit check 16<sup>th</sup> May 2025**

**1.5.25**

Dear Parents/Carers

This letter is to outline the arrangements for the mountain day on Sunday 18<sup>th</sup> May.

### Where

We are going to be walking on the Coniston fells, meeting at Walna Scar Car Park near Coniston GR 289971. Parking here is now pay and display for the day and is a little bit tricky to get to; I have attached a map to make it a bit easier! I would allow yourself a minimum of 1 hour to get there from Kendal. Please contact Mr Davies on 07739988078 if you have a problem.

### When

We will meet at 9.30am when the children will assemble in groups with their mountain leader and other supporting adults. Then we will have a full day out on the fells, enjoying ourselves and putting into action the learning from the sessions. We will be back at the cars for 4.00pm, all being well.

### Getting there

We will leave it up to you and your children to arrange transport between yourselves. Hopefully everyone can get sorted this way, but if anyone is having any problems arranging a lift **PLEASE** let us know in school – **we don't want to be in a situation where people do not go on the mountain day because they cannot get a lift.**

### Kit

The Kit List attached outlines the equipment and clothes that your child needs. Can I please make clear that on the day children **MUST** have with them the equipment on the list. **All the children need to bring this equipment with them to the expedition club session on Friday 16<sup>th</sup> of May, so we can check this through again.**

### Parent helpers for kit check

The parents we are expecting on the Friday morning to help with the kit check are – **Cat Lopez, Naomi Jacques and Alan Gilpin.**

### Bad weather

We will definitely still plan to be out in all but the absolute worst weather, although our route would obviously be affected. I would not anticipate having to cancel because of the weather but if we have to do this, you will be called the evening before.

### Groups and adult support

In the week before mountain day we will let children know which groups they will be in and the adults accompanying them. We are extremely fortunate in having so many keen, experienced and well-qualified adults and this will enable us to have small groups on the day, which should help the children get more from the experience. Children will not be grouped with their own parents if they are accompanying us as helpers.

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**Our Values:** Inspiring Healthy Inclusive Nurturing Experiences

### Parent helpers and Mountain Leaders

This letter outlines times and location, further detailed information will be provided for you on the day. The adults we are expecting at the moment are:

Al Hearn (ML)  
Maria Hearn (ML)  
Simon Pack (ML)  
Scott Rose (ML)  
Cat Lopez  
Richard Lopez  
Neil Hine  
Ben Brodie  
Naomi / Steve Jacques  
Mike Howard  
Elaine Gilpin  
Craig Hine  
Kelley Sproston

School staff will be – Huw Davies (ML)

**Adults who are helping – please fill in the attached medical form and return it to us as soon as possible.**

If you have any questions regarding any of the above please do not hesitate to contact one of us in school.  
Huw Davies

### Mountain Day Kit List

**The following underlined items are needed in school for our mountain day kit check on Friday 16<sup>th</sup> May, and to be taken on the mountain day on Sunday 18<sup>th</sup> May.**

#### **Personal equipment to wear or carry**

Waterproof jacket with hood

Waterproof overtrousers

Warm hat and gloves

Thermal or 'wicking' top to wear next to skin

Warm top preferably fleece-not cotton

Rucksack big enough for all equipment to go in

Trousers suitable for outdoor wear – leggings, tracksuit trousers etc (not jeans or cotton)

Walking boots (with ankle support and good grip)

Thick walking socks

Medication – asthma inhalers etc as necessary

Suncream and hat if appropriate

Water bottle

**If you need to borrow a waterproof, ruck sack or walking boots / shoes please let Mr. Davies know on Friday 16<sup>th</sup> of May**

PLEASE ENSURE ALL THIS EQUIPMENT IS CLEARLY LABELLED.

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